

CREME BRULEE

INGREDIENTS:

- 6 Egg Yolks
- 4 Tablespoons White Sugar
- 1/2 teaspoon Vanilla Extract
- 2 1/2 cups Heavy Cream
- 2 Tablespoons Turbinado Sugar

PREPARATION INSTRUCTIONS:

- 1. Preheat oven to 375°F.
- 2. Beat egg yolks, 4 tablespoons white sugar, and vanilla extract in a mixing bowl until thick and creamy.
- 3. Pour cream into a saucepan and stir over low heat until it almost comes to a boil. Remove the cream from heat immediately.
- 4. Slowly, but continuously, whisk warmed cream into the egg yolk mixture until combined. Pour into a shallow heat-proof baking dish—or 6 individual ramekins.
- 5. Set ramekins on a rimmed baking sheet.
- 6. Next, set the sheet pan on the middle rack in the preheated oven.
- 7. Pour hot water in the dish so the water comes halfway up the sides of the ramekins.
- 8. Bake at 375°F for approximately 15 to 20 minutes. The custards should jiggle just slightly in the middle.
- 9. Remove from oven and let cool in the water bath for about 15 minutes, then remove and chill in the refrigerator for 2-3 hours.
- 10. When ready to serve, evenly sprinkle the top with turbinado sugar. Either, place dish under broiler until sugar browns, about 2 minutes— or carefully use a small butane torch to brûlée the sugar.
- 11. Serve immediately.

